



FRIENDSHIP FORCE NEWSLETTER

SANTA BARBARA NOVEMBER/DECEMBER 2016

PRESIDENT'S MESSAGE



**RICKEY AND JOAN & MURRAY
HALE FROM NORTH BAY**

Hi all,

This is the season for waiting, waiting for the leaves to change colors, waiting for the elections to be decided and over, waiting for the results of our selections for travel for 2018.

OPEN POSITIONS: this is the time of the year when we look toward filling positions for the coming year. We are looking for volunteers for the Social Committee and also a new editor to work with publisher, Paula Gregoire-Jones for this newsletter. The current volunteers will be happy to

provide whatever advice and training is needed. It takes many people to keep our club running, so please consider participating.

Club dues for 2017 have been changed to \$30 per person. This is in keeping with FFI charging per individual member. Please make your check out to FFSB and send to Pam Vestal before December 15. PLEASE send it on time in order to be included in the new FFSB directory and the FFI e-mail list.

Our top four 2018 exchange choices, with 23 members voting and 23 countries selected are: England, Australia, Costa Rica and Canada. The next closest countries chosen were Romania, Thailand and Slovakia. FFI has our selection and will notify us in a few months.

In the meantime, if you are thinking of going to Japan with our club in November 2017 please let our ED Barbara Rose know of your interest.



JAN GORBET WITH SYLVIA AND HORRST

We are happy to have the North Bay, Canada ambassadors with us this week. After the exchange I am going to Japan to visit with my hosts from an exchange two years ago.

Happy travels.
In Friendship,
Rickey Farbman

FFSB Exchange to Madison, Wisconsin

By Karolyn Hanna, Photos by Tom Miller

Following the FFSB Exchange to Minnesota, ten ambassadors continued on to Madison Wisconsin where we enjoyed a joint exchange with the FF club from Winnipeg, Canada (10/13 – 10/20, 2016). This exchange included a number of unique experiences including a visit at the International Crane Foundation whose mission is to conserve cranes and their habitat. The Crane Foundation is the only place in the world where there is a complete collection of the 15 species of cranes. The Foundation was started in the early 1970s by two graduate students who were concerned that the population of many species of cranes was diminishing.



After lunch we headed into the Wisconsin Dells and a boat tour of the Upper Wisconsin River. It was a beautiful day and the ride and stops on the river were fantastic. This photo is of the famous Stand Rock, the most legendary of all the

Dells rock formations. Note the photo of the dog jumping between the rocks, taken by our host, Tom Miller! That evening we enjoyed small dinner parties at member's homes. Because this was a joint exchange with Winnipeg, it gave us an opportunity to socialize with ambassadors from Winnipeg as well as members of the Madison club.

The next day focused on agriculture of the region. We toured ABS - a worldwide leader in artificial insemination of livestock that began in 1941.



In the laboratory, we saw the processes for evaluating and preserving bull semen for worldwide distribution. In the barn we watched the collection process. For many of us, this was our first exposure to artificial breeding which we learned allows farmers to improve the quality and quantity of both meat and milk. Then we continued to a family owned dairy farm with 120 milking cows. Several ambassadors also tried their hand at milking a cow! After a hayride around the farm we had a chance to see young calves and the small animals – sheep, goats, ducks, and chickens. From there we visited the home of a member who is a "horse whisperer" – she trains horses using eye contact and hand signals.

2016 Governing Board of the Friendship Force of Santa Barbara

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President: Rickey Farbman

Vice President: Linda Williams

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Karolyn Hanna (Tuxla-Guiterrez, Mexico)

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Barbara Rose (Kumamoto and Ehime Japan)

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Historian: Barbara Gregoire

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Newsletter: Mary Orr (editor)

Paula Gregoire-Jones (publisher)

Programs: Linda Williams

Refreshments: Dawn McGrew & Pat Wade

Social Events: Pat Burkard and Patricia Poil 

Sunshine: Claire Magee

Telephone: Sandy Hartley

UN Liaison: Gail Gillies

Webmaster: Paula Gregoire-Jones

Welcome: Agris and Elza Petersons

Day three included a tour of two major buildings on the University of Wisconsin campus. The Discovery Center is a modern architectural facility where collaboration between several disciplines is fostered. The building itself is designed in a way that focuses on sustainability – utilizing natural light, living plants and renewable energy. We also toured the UW Atmospheric, Oceanic and Space Sciences building – a screen on a large globe was used to show us weather patterns and ocean currents that are studied there. That afternoon, we toured the First Unitarian Society – a building designed by Frank Lloyd Wright; now a national historic landmark. This was followed by a trip to Capital Brewery with dinner and entertainment at the brewery. Our host slipped in a brief stop at the National Mustard Museum on the way to the brewery – where we sampled many varieties of mustard. They even had a vending machine from which one could purchase mustard!



Saturday began with a visit to a giant-sized Farmers Market that extends around the perimeter of the Wisconsin Capitol (four city blocks). Following lunch we toured the Capitol which is built in a style resembling our National Capitol. The remainder of the afternoon, the group was free; our hosts took us to Monona Terrace – a Frank Lloyd Wright inspired Conference Center that took 50 years to build – because of local politics! The afternoon ended for us, with a walk along State Street and time for a beer on the Terrace of the UW overlooking one of the lakes that is central to that city.

Following a free day on Sunday, we “hit the ground running” again Monday morning with a tour of Pendarvis – a community of immigrants from Cornwall, England who came to the US in the mid-1800s to mine lead. Several of their homes have been preserved by the Wisconsin Historical Society. After the tour, we were treated to a traditional Cornish “pasty” meal which is a baked pastry filled with meat and vegetables. The “pasty” – which is considered the national dish of Cornwall, was a meal that could easily be carried by the miners into the mines.



The farewell dinner that evening, was an unusual meal with Spaghetti served directly on the tabletops. Tables were covered with a fiberglass board (like a cutting board) and a mound of spaghetti, topped with marinara sauce and meatballs, was poured onto the board. Diners “pulled” some of the spaghetti towards themselves and ate directly from the board! A most unusual experience! After a brief program, the hosts took the Ambassadors home to prepare for their flights the next day. This was a most enjoyable exchange – learning more about our own country while making friends from Madison and Winnipeg, Canada.



Celebrate FFI's 40th at Sea

Friendship Force International

Celebration at Sea

Transatlantic Voyage - Florida to Rome

March 30 - April 13, 2017



Come March 30 you could be on a Holland America ship leaving from Ft. Lauderdale and ending up in Rome on April 13. On the way (nine days at sea) you will have a chance to stop in Spain (visit Seville, Granada and Cartagena) and visit the Portuguese island of Madeira. Cabin prices are a very reasonable \$1335 (inside), \$1553 (balcony) or \$1573 (ocean view) per person, double occupancy.

You will be joined by CEO Jeremy Snook and FFI Board Chairman Bob Duncan, who will have lots of information about our organization's progress and plans. There will be separate events just for FFI members, with presentations and workshops each day at sea.

Best of all you will have the opportunity to meet and greet Friendship Force members from all over the world, perhaps people that you met before on an exchange. Or would like to travel with in the future!

For more information contact Laura Romero at FFI. Her e-mail is laura@friendshipforce.org.

DUES ARE DUE by December 15

Calling All FFSB Members to Get Out Your Checkbooks

***What's New: Dues are \$30 per person
(there is no longer a discount for couples)***

Mail your check to FFSB to:

Pam Vestal, 514 Apple Grove Lane, SB 93105

Domestic and International Inbound and Outbound Exchanges in 2016 & beyond

October 28-November 4, 2016 –Inbound from North Bay, Canada,
Pam Vestal, ED

Late January/early February 2017 – Inbound from Utah

May 2017 – Regional Meeting of Club Presidents

July 2017 – Inbound from Tuxtla-Guiterrez, Mexico,

Karolyn Hanna, ED

November 2017 - Outbound to Kumamoto and Ehime Japan,

Barbara Rose, ED

International Conference Dates:

August 25-27, 2017 -40th World Conference, Manchester, England

Social Events , Planning and Program Meetings:

Social Events:

Wednesday, December 14

Don't miss our festive annual holiday dinner at the new Sierra Grill..

Planning Meeting:

Monday, November 7, 7:00 p.m.

Join us at the home of Rickey Farbman,
8 W. Constance, #2, SB

Program Meeting:

Goleta Public Library

Tuesday, November 22, 7:00 p.m.

Join us to hear Neal Graffy speak on Santa Barbara, Then and Now.



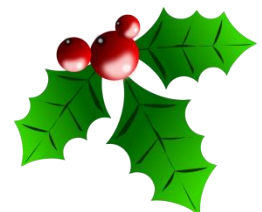
Save the Date

Holiday Party

Wednesday, December 14

At the Sierra Grill

Details to arrive in your inbox soon.



New Member Biographies

Meet and Greet Terry Fountain



Another new member originally from the Philadelphia area is Terry Fountain, who later grew up in China Lake. Terry graduated from New Mexico State University, focusing on psychology and child development. She then went on to obtain a Physician Assistant degree from UCLA.

After living in the Eureka area for quite a while she was fortunate enough to relocate to Santa Barbara in 2000, where she took care of her father in his later years. She is still a licensed PA in case a new opportunity arises! She loves the outdoors and long hikes and is hoping to find some other FFSB members who share this passion, as well as her love of music. Cooking is another strong interest, as well as various crafts.

Extensive travels have occupied Terry the last few years, and she loves going anywhere by train. Her longest journey was from Santa Barbara to Washington, DC. Alaska is her favorite state to visit, closely followed by New Mexico and then Maryland and North Carolina. Hopefully Terry will be joining one of our outbound exchanges in the near future.

Thanks to Jane and Dave Gorbet for introducing Terry to our club.

What Makes Friendship Force Special for You?

When asked what participating in Friendship Force adds to their lives, members gave us these wise thoughts:

We appreciate making good, long-lasting friends, those we meet on exchanges and those in our club. **Ken and Francie Jewesson**

To me, Friendship Force is like a candy store, whether I'm looking at the whole world for my next travel adventure, or the middle of our own country. The different cultures, sharing favorite places and staying in another person's home leads to lifetime friends that can't be found in any other type of travel experience. **Rickey Farbman**

I value friendship with really interesting, fun people and exciting trips where we meet and experience life with folks of other cultures who share our values. **Barbara Rose**

Expansion of life connections and realization how, on an individual basis, no matter where we live in this world, we all have a desire for peace and love. **Agris Petersons**

Does One of These Global Exchanges Call to You?

These exchanges still had a few openings as of press time.

DISCOVER GUATEMALA January 11 - 20, 2017

Get to know the fascinating world of the Mayan culture and explore Guatemala City, Panajachel and Antigua. ED is Edward Perez (FF Dallas) erperez54@gmail.com

PASSION FOR PAINTERS AND PAINTING WITH FF LEUVEN April 30 - May 8, 2017

Leuven, Belgium is an historic and buzzing university town. You will walk through the history of fine arts from the 15th to the 21st centuries in its churches and museums. Then explore Ghent (take a canal cruise), Brussels and Antwerp. ED is Dany Vandebroek (FF Leuven) dany.vandebroek@gmail.com. Enjoy typical Belgian food and beers too!

EXPLORING YEREVAN (ARMENIA) AND TBILISI, GEORGIA June 5 - 19

You will visit the Caucasus region, from Yerevan to the Black Sea, with home hospitality provided by FF Tbilisi. Try preparing Armenian bread, listen to folk polyphonic music and travel along the Gnishik River to the monastery of Noravank. ED is James Kerr Judgejwkerr@juno.com

Visit the *Friendship Force Santa Barbara* website:

www.friendshipforcesantabarbara.org

Stay informed with the *Friendship Force* International website:

www.thefriendshipforce.org



Happy Birthday to:

November 18 John Rose
November 23 Ken Jewesson
December 4 Sidonia Slaff
December 10 Carol Lazar
December 16 Claire Magee
December 24 Marilyn Torrey
December 27 Lou Smitheram de Pravia