



FRIENDSHIP FORCE NEWSLETTER

SANTA BARBARA JANUARY/FEBRUARY 2016

PRESIDENT'S MESSAGE

Happy New Year to everyone.

A very heartfelt thank you to Barbara Rose (and John) for three years of gracious and memorable leadership. You have enabled our club to grow, be energized and still maintain the positivity of a small group feeling. You've made it look easy. Thank you for mentoring me last year, your shoes will be hard to fill. Thanks also to Bill Boyd for keeping us on the straight and narrow financially. I know the good work will be continued by Pam. Continued thanks to Jan for keeping our thoughts and words straight, even when we forget what was said. Welcome to Linda as the new VP. I'm looking forward to sharing what I'll be learning and having someone else's viewpoint on whatever is "coming down the pike." I enjoyed our holiday dinner party at Mulligan's. Thanks to Patricia and Bonnie for a year of varied social activities. There were lively table conversations as well as a lot of table hopping. The memories of some of the past presidents were priceless. It was



2016 FFSB BOARD

PAM VESTAL- TREASURER, RICKEY FARBMAN - PRESIDENT, JAN INOUE – SECRETARY AND LINDA WILLIAMS – VICE PRESIDENT

interesting to hear of some of our history that got us where we are today. This year brings four exchanges, as well as the much anticipated news of where our international exchanges will be in 2017. We should find this out later in the month and I will pass it on ASAP. There is also the Western Regional Conference in Reno, Nevada on May 2, 3 and 4. I plan on driving there and can take two or three people. It

should be fun and good networking. Morocco will be the site of the FFI International Conference in September. I look forward to a smooth transition with the new board and committee members. Please email any of us with suggestions for programs, activities, speakers, social events or cookie recipes.

In Friendship,
Rickey Farbman

Rolling Out the Red Carpet for Western Kentucky November 7, 2015

The seven ambassadors from Owensboro, Kentucky were warmly welcomed to Santa Barbara on November 7 by their hosts. Five of them had hosted us last year so it was like a reunion of old friends. Sunday found us at the beautiful home of Jeanne West on the Mesa where the group enjoyed lunch and beautiful views of the ocean along with the historic planes



participating in the Veterans Day events. After a trolley tour the ambassadors were welcomed by our club to a fabulous Italian feast organized and cooked by Mary Wolthausen at her clubhouse. No one left hungry! Monday's tour of the courthouse was followed by a delicious lunch at the City College gourmet dining room and visits to the

culinary, automotive and nursing program areas. Our final stop was the art museum and a special



photo exhibit. On Tuesday we were off to the Flag Is Up Farm in Solvang where Monty

Roberts' daughter told us all about their horse training program and then we had a somewhat chilly but delicious wine tasting at Rusack Winery. The last full day of the exchange found us visiting the Botanic Gardens with docent Don Gillies. The farewell dinner with red, white and blue decorations at Mulligans gave us the opportunity to honor all those who served in the military. Agris led us in several patriotic songs to celebrate the spirit of this national holiday. Mary Wolthausen and Mary Orr were the EDs and wish to thank everyone who contributed to this successful exchange, especially the home hosts.



2016 Governing Board of the Friendship Force of Santa Barbara

OFFICERS

President: Rickey Farbman

VicePresident: Linda Williams

Secretary: Jan Inouye

Treasurer: Pam Vestal

DIRECTORS

Past President: Barbara Rose

Inbound Exchange Directors:

*Karolyn Hanna /Pat Burkard
(Minneapolis)*

Pam Vestal (North Bay, Canada)

Outbound Exchange Directors:

Dick Falk/Sandy Hartley (Brazil)

Karolyn Hanna (Minneapolis)

Directory: Sandy Grasso-Boyd

E-mail Notifications: Dawn McGrew

Historian: Barbara Gregoire

Membership: JoAnn Magistad and
Joanie Sullivan

Newsletter: Mary Orr (editor)
Paula Gregoire-Jones (publisher)

Programs: Linda Williams

Refreshments: Dawn McGrew & Pat
Wade

Social Events: Pat Burkard and
Patricia Poilé

Sunshine: Claire Magee

Telephone: Sandy Hartley

UN Liaison: Gail Gillies

Webmaster: Paula Gregoire-Jones

Welcome: Agris and Elza Petersons



FFSB Celebrates Its 20th Anniversary



Our annual holiday dinner on December 12 was especially celebratory because the club had the opportunity to look back on 20 years of growth and many wonderful exchanges, both inbound and outbound. Our room at Mulligans was festively decorated for the season, as were the members and their guests. After a warm welcome from President Barbara Rose and the

introduction of three newer members, Barbara invited each of the past presidents to make a few

remarks about their time in office. Marilyn Torrey spoke of the highlights of her late husband Jay's numerous inbound and outbound exchanges, as did Lou Smitheram



PAST PRESIDENTS - JACKIE, LOU, BARBARA R., BARBARA G. JACK, MARILYN (JAY), SANDY AND MARY

de Pravia and

Jackie Van Spanckeren. Other former presidents who shared stories were Sandy Hartley, Barbara Gregoire and Jack and Mary Orr. Each was presented with a framed certificate acknowledging their service to the club. Rickey Farbman thanked the 2015 officers (Barbara Rose, Bill Boyd and Jan Inouye) for their contributions. Special praise was given to Barbara for serving as president for three years and for recruiting so many new members to FFSB. The officers for 2016 were presented: Rickey Farbman, President; Linda Williams, Vice President; Jan Inouye, Secretary; and Pam Vestal, Treasurer. We look forward to an interesting and fulfilling year under their leadership



JAN INOUYE & RICKEY FARBMAN



BARBARA GREGOIRE & PAM VESTAL



LOU, GUS, JOYCE, DICK AND PATRICIA

Domestic and International Inbound and Outbound Exchanges in 2016 & beyond

January 26-Feb 1, 2016 – Inbound from Minneapolis, MN and Twin Cities, Karolyn Hanna/Pat Burkard, EDs

June 2016 – Outbound to Brazil (Belem and Fortaleza), Dick Falk and Sandy Hartley EDs

September 2016 – Outbound to Minneapolis – Twin Cities, MN, Karolyn Hanna, ED

October 2016 –Inbound from North Bay, Canada, Pam Vestal, ED

2017 – Outbound to Sarasota, FL, ED needed

Social Events , Planning and Program Meetings:

Social Events:

Saturday, February 20

Celebrate the Chinese New Year at Jill Wilk's clubhouse at Encina Royale

Planning Meeting:

Monday, January 11, 7:00 p.m.

at the home Rickey Farbman, 8 W. Constance Avenue #2

Program Meeting:

Wednesday, January 25 7:00 p.m.

Goleta Public Library

Tom Freeman of Paws to Read will discuss the Goleta Library's program for reluctant readers, which helps children practice reading to the kindest, least judgmental listeners around.

FFI Plans First African World Conference -- Hello Morocco!



If Morocco has been on your bucket list, consider planning a trip to Marrakesh in September to participate in the FFI World Conference.

You will have an opportunity

to see and experience this intriguing region as well as enjoy conference activities. Registration is set for September 15 and the Conference on the following four days, with all the usual workshops, presentations and leadership training at a vital time in our organization's transformation. Meet new CEO and President Jeremi Snook and hear his ideas about how to grow and improve FFI. Conference participants will also have a chance to experience half-day tours, stay at the beautiful Kenzi Farah hotel, try cooking a traditional tagine meal or learn belly dancing. The keynote speaker will discuss Muslim Women in a Changing and Emerging Morocco. You can also sign up for a post-conference homestay or explore Morocco on your own. Check the FFI website for more details and to sign up to participate.



Friendship Force Minnesota Exchange to FF Santa Barbara

January 26 – February 1, 2016

Schedule of Activities

Tuesday, January 26th - Arrival & Welcome

- **Time TBD** - Ambassadors arrive at Turnpike Shopping Center via SB Airbus in early afternoon; others will arrive at SB Airport at TBD
- Light lunch or snack at Home Hosts
- **5:30 p.m.** Welcome Reception at Don & Gail Gillies Club House (Las Perlas Drive)
 - Cost: \$10 per person plus FFSB members bring an hors d'oeuvre or dessert to share (confirm with Pat Burkard or Karolyn Hanna re: item you're bringing)

Wednesday, January 27th - Overview of Santa Barbara

- **9:45 a.m.** Meet at SB Visitors Center for SB Trolley Tour @ 233 East Cabrillo Blvd
Cost: \$22 per person (Trolley drop off at SB Court House @ 11:30)
- **11:45 – 12:45 p.m.** Light Lunch @ Benchmark Eatery
(Clam Chowder, Posole or Fish Tacos and non-alcoholic beverage) Cost: \$15:00 per person (includes tax & tip)
- **1:00 – 2:30 p.m.** Tour of Court House and Bisno Schall Clock Tower
- **3:00 – 4:30 p.m.** Tour of Historic Santa Barbara Mission (\$6)
- **5:30 – 6:00** Dinner & Evening with home hosts

Thursday, January 28th – Exploring Carpinteria

- **8:30 – 10:00 a.m.** Breakfast at East Beach Grill 1118 East Cabrillo Blvd.
Cost: \$15 per person for 3-2-1 Special (3 Banana Pancakes, 2 Bacon, 1 Egg & coffee, tea or small juice)
- **10:15 – 11:45** Tour Seaside Gardens @ 3700 Via Real, Carpinteria
- **12:00 – 12:30** Visit Westerlay Orchid Growers @ 3504 Via Real, Carpinteria
- **12:30** - Drive into Carpinteria
- **12:45-3:00** - Stroll around Carpinteria with host or day hosts; Things to see/do include: & visit local antique shops, Robataille's candy shop, the Carpinteria Salt Water Nature Park, a sanctuary for over 200 bird species Short looping trail includes plaques and educational markers. (Entrance is on Ash Ave across from Solimar Sands condominiums).
- Snack or light lunch on own; consider "The Spot" for inexpensive sandwich or Chili or visit the Rincon Brewery for a beverage & appetizer
- **3:15** Meet at ocean end of Bailard Ave. for short hike to Carpinteria Seal Sanctuary (Hike is approximately 1/4 mile along the coast from the parking lot.)
- **4:00 p.m.** Leave Carpinteria for Return to Santa Barbara
- **5:30 or 6:00 p.m.** Small Dinner Parties (*Limited to Ambassadors and Hosts*)

Friday, January 29th Exploring Goleta

- **9:15 -10:45 a.m.** Tour Direct Relief Headquarters 27 So La Patera Lane, Goleta
- **11:30 – 1:00 p.m** Lunch at Maravilla Retirement Village (Cost: \$12 per person); limited to ambassadors & 10 FFSB guests (priority for hosts & day hosts); park in unmarked spaces
- **1:15 – 2:00** - Visit Coronado Monarch Preserve (park on Coronado Dr. at Sea Gull Lane)
- **2:30 – 4:00 p.m** Tour of Santa Barbara Maritime Museum (\$5 per person)
- **4:00 – 5:30 p.m.** Free Time (Consider: Wine or Beer tasting in the Funk Zone; visit Historic El Paseo; wander along State Street; visit La Arcada Plaza)
- 6:00 Dinner and Evening with Hosts

Saturday, January 30th - Reagan Library Day

- **8:30 a.m.** Meet at designated site for carpooling to Reagan Library
- **10:30 – 3:00 p.m.** Tour Reagan Library Cost: \$13 per person (Lunch on Own at Cafeteria)
- **3:00 – 5:00 p.m.** Return to Santa Barbara
- **6:00 p.m.** Ambassadors Treat Hosts to Dinner

Sunday, January 31st - Free Day & Farewell Party

- **Morning:** Attend church, if desired – may accompany home hosts to their church or consider going to SB Mission (Masses @ 7:30 a.m., 9:00 a.m. & 11:00 a.m.)
- **Free Afternoon:** Options include: Arts and Crafts Fair along Cabrillo Blvd, SB Art Museum; SB Historical Museum, SB Presidio, SB Museum of Natural History, Historic El Paseo or wander along State Street and visit La Arcada Plaza)
- **6:00 p.m.** Tri Tip Barbecue Dinner at Hanna House - Cost: \$20 per person (Dinner is complimentary for one (1) of the Home Hosts)

Monday, February 1st: Departure

- **Time TBD** - Ambassadors Depart Santa Barbara

FFSB Club Member Registration for Exchange Activities

Name(s): _____	# of Individuals:	Total Amount
• Welcome Reception (\$10 per person)	_____	_____
• SB Trolley Tour (\$22 per person)	_____	_____
• Benchmark Eatery Lunch (\$15 per person)	_____	_____
• SB Mission Tour (\$6 senior rate)	_____	_____
• Breakfast at East BeachGrill (\$15 per person)	_____	_____
• Lunch at Maravilla (\$12 per person)	_____	_____
• Santa Barbara Maritime Museum (\$5 per person)	_____	_____
• Reagan Library Tour (\$13 per person)	_____	_____
• Farewell Dinner at Hanna’s (\$20 per person)	_____	_____
Totals	_____	_____

Return Registration Form & payment by January 12, 2016.

Advance purchase of tickets is required for all scheduled activities.

Checks should be made out to “Friendship Force of Santa Barbara” and mailed to Karolyn Hanna 5235 Toluca Ct., SB, 93111



Year of the Monkey

Save the Date

All FFSB Members (and Friends) are Invited to

Celebrate the Chinese New Year

The Year of the Red Fire Monkey

February 20 at the Clubhouse at Encina Royale

Delicious Catered Chinese Dinner Plus Entertainment!

Details and reservation info will appear in your mailbox soon

Would You Like a New FFI Badge?

A few of our long-time members have indicated an interest in having one of the new badges, with its bright and colorful FFI logo.

To place an order for one, just call Jo Magistad at 967-0837 or e-mail her at jomagistad@yahoo.com.

Please indicate exactly how you would like your name to appear on the badge.

The cost is \$10 per badge. **Please order by January 20.**

Visit the Friendship Force Santa Barbara website:

www.friendshipforcesantabarbara.org

Stay informed with the Friendship Force International

website: www.thefriendshipforce.org

Welcome to New Members

Sarah Carr

Terry Behrens

Marilyn Conrad



Happy Birthday to:

January 1	Don Gillies
January 3	Linda Williams
January 7	Jan Inouye
January 9	Joanie Sullivan
January 12	George Lehtinen
January 14	Karolyn Hanna
January 20	Dawn McGrew
January 24	David Jones
January 30	Gail Gillies
February 2	Bonnie Johnson
February 4	Elza Petersons
February 8	Bob Haas
February 8	Nina Scarcello
February 11	Jane Gorbet
February 23	Patricia Poilé
February 24	Liz Turner